ABSTRACT OF THE DISCLOSURE

A compound of the general formula: R¹R²R⁴MR⁵, wherein R¹, R² and R⁴ are independently an aryl, alkyl, alkenyl or alkynyl group, wherein at least one of R¹, R² and R⁴ is fully or partially fluorinated, wherein M is selected from group 14 of the periodic table, and wherein R⁵ is either an alkoxy group, OR³, or a halogen group, X. This compound formed can be further reacted to attach an additional organic R group, and/or hydrolyzed with one or more similar compounds (preferably having one or two R groups bound to M), to form a material having a molecular weight of from 500 to 10,000, which material can be deposited on various substrates as a coating or deposited and patterned for a waveguide or other optical device components. Methods for making and using compounds of the general formula R¹R²R⁴MR⁵ are also disclosed.